

Appendix B
God Images: Attitudes, Practices, and Beliefs – A Survey
Created by Amanda Avila Kaminski
Texas Lutheran University
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Who Are You? A Brief Sketch

1. How old are you?
 - 18 or younger
 - 19
 - 20
 - 21
 - 22
 - 23
 - 24
 - 25 – 30
 - 30-35
 - 36-40
 - Over 40
2. Are you or have you been part of the armed services?
 - Yes, I am a Veteran
 - Yes, I am serving
 - No
3. Are you working for pay while you are in school?
 - Yes, fewer than 20 hours per week
 - Yes, 20 – 30 hours per week
 - Yes, full-time
 - Yes, more than 40 hours per week
4. How would you describe your employment or educational goals?
 - I hope to start my own business or venture.
 - I hope to continue what I am doing with greater expertise.
 - I hope to get a stable job in my field.
 - I hope to serve in a helping profession.
 - I hope to get more education after TLU.
 - I have no idea what I want to do for employment.
5. How do you identify your sex or gender?
 - Male
 - Female
 - Intersex and/or Non-binary
6. Where do you say that you are from?
 - Seguin
 - San Antonio
 - Austin
 - Houston
 - Texas
 - The US
 - A Country Outside the US

- Multiple places
 - Other
 - Please describe
7. Do you identify as African American or black?
 - Yes
 - No
 8. Do you identify as Hispanic, Chican@, or Latinx?
 - Yes
 - No
 9. Do you identify as Indigenous or First Nations?
 - Yes
 - No
 10. Do you identify as White?
 - Yes
 - No
 11. Select the household(s) that best describe(s) your “family of origin,” or the social relation(s) with whom you lived and/or by whom you were raised:
 - Nuclear Family: parents, me, and with/out siblings
 - Single-parent Home
 - Multigenerational
 - Independent
 - Foster Care
 - Married/Partnered
 - Married with Children
 - Communal Living (dorms, multifamily, roommates)
 12. Describe the household that best describes your current living situation:
 - Nuclear Family: parents, me, and with/out siblings
 - Single-parent Home
 - Multigenerational
 - Independent
 - Married/Partnered
 - Married with Children
 - Communal Living (dorms, multifamily, roommates)
 13. Does your “family of origin” identify with a religious identity or socio-religious group (choose all that apply)?
 - No
 - Yes, atheist (the belief that no God exists)
 - Yes, agnostic (the belief that ultimate reality cannot be known or that none of the religious systems really explain or convincingly present the divine possibility)
 - Yes, Baptist
 - Yes, Buddhist
 - Yes, Catholic
 - Yes, Episcopalian/Anglican
 - Yes, Evangelical
 - Yes, Friends/Quaker

- Yes, Hindu
- Yes, Independent, or non-denominationally Christian
- Yes, Jain
- Yes, Jewish
- Yes, Lutheran
- Yes, Methodist
- Yes, Muslim
- Yes, Orthodox
- Yes, Presbyterian
- Yes, Unitarian Universalist
- Yes, Wican or Pagan
- Yes, Zoroastrian
- Yes, Other
 - Please describe

14. Do you consider yourself part of a religious group (choose all that apply)?

- No
- Yes, atheist (the belief that no God exists)
- Yes, agnostic (the belief that ultimate reality cannot be known or that none of the religious systems really explain or convincingly present the divine possibility)
- Yes, Baptist
- Yes, Buddhist
- Yes, Catholic
- Yes, Episcopalian/Anglican
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- Yes, Lutheran
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- Yes, Muslim
- Yes, Orthodox
- Yes, Presbyterian
- Yes, Unitarian Universalist
- Yes, Wican or Pagan
- Yes, Zoroastrian
- Yes, Other
 - Please describe

Practices Described

15. Do you pray?

- Yes, occasionally
- Yes, at least once a week

- Yes, daily
 - No
16. Do you attend formal religious rituals/events?
- Yes, on special occasions
 - Yes, monthly
 - Yes, weekly
 - Yes, daily
 - No
17. Do you have a regular habit of meditation on holy texts and/or through mindfulness?
- Yes, occasionally
 - Yes, weekly
 - Yes, daily
 - No
18. Do you have special eating, drinking, or consumption habits that you consider part of your belief system or intentional practice?
- Yes, I am Sober
 - Yes, I am Kosher
 - Yes, I am Vegetarian
 - Yes, I am Vegan
 - Yes, I am Pescatarian
 - Yes, I do cleanses and/or detoxes
 - Yes, I have an intentional nutritional plan for holistic health (Whole 30, Keto, etc.)
 - Yes, I eat from my own land and/or in conjunction with food grown on my land
 - Yes, I some or all my food from sustainable suppliers
 - Yes, I smoke
 - Yes, I use marijuana, mushrooms, or hallucinogenic for intentional purposes (medicinal, revelatory, creative, etc.)
 - No
19. Do you have special physical or bodily habits that you consider part of your belief system or intentional practice?
- Yes, I train in a sport
 - Yes, I regularly work out alone (lift weights, use an app, run, etc.) as a commitment
 - Yes, I participate in a class (Pilates, Barre Spin, etc.), practice a lifestyle (Yoga, etc.), or belong to a fitness community (Crossfit, etc.) as a commitment
 - Yes, I regularly walk/hike/stroll as a commitment
 - Yes, I regularly care for and ride horses as a commitment
 - Yes, I regularly work my land as a commitment
 - Yes, other
 - Please describe
20. Do you have a regular habit of journaling or writing as a spiritual practice?
- Yes, occasionally

- Yes, weekly
 - Yes, daily
 - No
21. Do you have a regular artistic practice (dance, sculpture, woodworking, drawing, sewing, photography, etc.) that you consider part of your intentional practice?
- Yes
 - No
22. Do you use therapy as part of your personal practice?
- Yes, occasionally
 - Yes, regularly
 - No
23. Do you have a spiritual director or spiritual friend with whom you debrief life experiences and spirituality, discuss patterns of growth, inhibition, struggle, and design strategies for transformation?
- Yes
 - No
24. Do you have someone you consider a mentor who advocates for you and guides you?
- Yes
 - No
25. Do you consider yourself politically active and/or involved in community service or advocacy?
- Yes
 - No
26. How do you self-identity politically?
- Democrat
 - Independent
 - Republican
27. I think that the United States is:
- Declining
 - Improving
 - Holding Steady
28. I think the two most important issues facing the country are: (only select two)
- Abortion
 - The Environment or Climate Change
 - Racism
 - Unemployment
 - Taxes
 - Misinformation
 - Illegal Immigration
 - Education
 - Income Inequality
 - Health Care Reform
 - Homelessness and the Housing Crisis
 - Same-sex Marriage

29. In the past year, have you participated in any **unpaid** volunteer work, charity work, or community service?
- Yes, occasionally (1-6 times per year)
 - Yes, frequently (more than 6 times per year)
 - No
30. In the past year, have you **donated** any money, blood, canned goods, or gifts in kind to any religious group, non-profit organization, cause, or community center?
- Yes
 - No

Your Beliefs, Spiritual Hopes, and Convictions

31. Do you believe that a personal God or Divine Being exists?
- Yes
 - No
32. How distant or close do you feel to the Divine or to God?
- Extremely disconnected or distant
 - Disconnected or distant
 - Somewhat disconnected or distant
 - Somewhat connected or close
 - Connected or close
 - Extremely connected or close
33. How distant or close do you feel to the spirituality and beliefs with which you were raised?
- Extremely disconnected or distant
 - Disconnected or distant
 - Somewhat disconnected or distant
 - Somewhat connected or close
 - Connected or close
 - Extremely connected or close
34. How distant or close would you like to be to the Divine or to God?
- Extremely disconnected or distant
 - Disconnected or distant
 - Somewhat disconnected or distant
 - Somewhat connected or close
 - Connected or close
 - Extremely connected or close
35. What four words would you use to describe the Divine or God?
- 1.
 - 2.
 - 3.
 - 4.
36. There is:
- A God/Divine that defines good and evil
 - A God/Divine that is involved in only good and judges evil
 - A God/Divine that is involved in both good and evil
 - A God/Divine that does not have a sense of good or evil

- No God/Divine
37. I believe that God or the Divine is:
- Very present and involved in human history
 - Somewhat present and marginally involved in human history
 - Present but not involved in human history
 - Not at all present or involved in human history

The Practices, Beliefs, Attitudes, and Convictions of Your Family of Origin

Family of origin is defined as ...

38. Did your family of origin regularly attend religious services or events?
- Yes, daily
 - Yes, weekly
 - Yes, monthly
 - Yes, for special events
 - No
39. Did your family of origin have regular practices or intentional rhythms such as mealtime or bedtime prayers, generational storytelling, family rituals around holidays or events, annual trips?
- Yes, a few that marginally affected my habits
 - Yes, many that structured my habits
 - No
40. Select **all the qualities** that your family of origin or religious upbringing raised you to believe characterized God or the Divine:
- Loving
 - Caring
 - Powerful
 - Lifegiving or Energizing Force
 - Wisdom or Enlightenment
 - Peace
 - Wrathful
 - Vindictive
 - Creator
 - Judge
 - Merciful
 - A Projection of the Human Mind (in other words God is whatever humans want God to be or whatever their social group values)
 - Not Real
41. Did your family of origin raise you to believe that God or the Divine is more just, more merciful, or both?
- God is more Just
 - God is more Merciful
 - God is both Just and Merciful
 - God is neither Just nor Merciful
42. Did your family of origin raise you to believe that God or the Divine can be wrathful and even vindictive?
- God can be wrathful but not vindictive.

- God can be wrathful and vindictive.
 - God can be vindictive but not wrathful.
 - God is neither wrathful nor vindictive.
43. Did your family of origin raise you to believe that God and science (evolution, the Big Bang, stem-cell research) were at odds?
- Yes
 - No
44. Did your family of origin raise you to believe that God or the Divine could hear your prayer and would answer them?
- Yes
 - No
45. Did your family of origin raise you to believe that you should participate in formal, organized religious ceremonies or services?
- Yes
 - No
46. Did your family of origin raise you to believe that it could be valuable, moral, or acceptable to adopt religious practices or spirituality from other religions outside your own?
- Yes
 - No
47. Did your family of origin raise you to question religious beliefs, to lean into doubts from organized religion, and/or to challenge ideas from leaders?
- Yes
 - No
48. What four words did your family of origin use to describe **the good life** or the things you should **value** the most?
- 1.
 - 2.
 - 3.
 - 4.
49. What four words did your family of origin use to describe the **greatest threats** to the good life or your spiritual wellbeing growing up?
- 1.
 - 2.
 - 3.
 - 4.

Your Beliefs, Attitudes, and Convictions in Adulthood Further Defined

50. Now, in your adulthood, select all the qualities that you believe characterize God or the Divine:
- Loving
 - Caring
 - Powerful
 - Lifegiving or Energizing Force
 - Wisdom or Enlightenment
 - Peace

- Wrath/Wrathful
 - Vindictive
 - Creator
 - Judge
 - Merciful
 - A Projection of the Human Mind (in other words God is whatever humans want God to be or whatever their social group values)
 - Not Real
51. Now, in your adulthood, do you believe that God or the Divine is more just, more merciful, or both?
- God is more Just
 - God is more Merciful
 - God is Just and Merciful
52. Now, in your adulthood, do you believe that God or the Divine can be wrathful and even vindictive?
- God can be wrathful but not vindictive.
 - God can be wrathful and vindictive.
 - God is neither wrathful nor vindictive.
53. Now, in your adulthood, do you believe that God and science (evolution, the Big Bang, stem-cell research) are at odds?
- Yes
 - No
54. Now, in your adulthood, do you believe that God or the Divine hears your prayer and answers them?
- Yes
 - No
55. Now, in your adulthood, do you believe you should participate in formal, organized religious ceremonies or services?
- Yes
 - No
56. Now, in your adulthood, do you believe that it is valuable, moral, or acceptable to adopt religious practices or spirituality from other religions outside your own?
- Yes
 - No
57. Now, in your adulthood, do you value questioning religious beliefs, leaning into doubts about organized religion, and/or challenging ideas from leaders?
- Yes
 - No
58. What are four words you would use to describe the things you value most as an adult?
- 1.
 - 2.
 - 3.
 - 4.
59. What are four words you would use to describe the things you think pose the greatest threat to the good life or your spiritual wellbeing as an adult?
- 1.

- 2.
- 3.
- 4.

60. Do you believe there is such a thing as Truth?

- Yes
- No
- Maybe

61. Do you think that there is one religion that has knowledge of Truth or access to the Truth?

- Yes
- No
- Maybe

62. What are the top four emotions that you regularly feel?

- 1.
- 2.
- 3.
- 4.